

LINK THE TOWN

23 MARCH 2024
BALLYMENA SHOWGROUNDS

FREE
COMMUNITY EVENT



**VISIT, WALK OR RUN ON
ST. PATRICK'S LINK ROAD**



12:00pm Family Fun – Games and Bouncy Castles

12:30pm Fun Walk & Run

1:15pm Ballymena Runners Golden Mile (over 14)

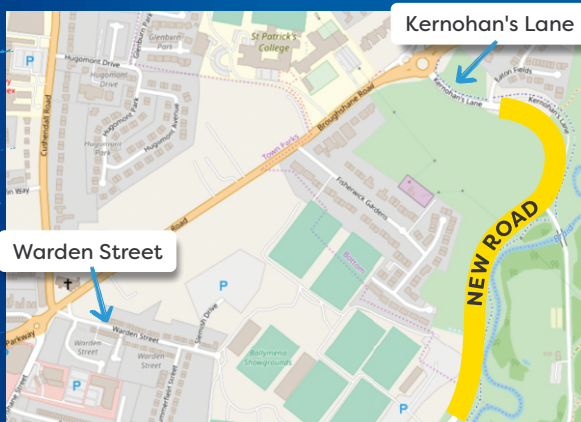
**Scan the QR code to register for
Ballymena Runners Golden Mile**



Supported by:

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23 MARCH 2024
BALLYMENA SHOWGROUNDS



DIRECTIONS TO BALLYMENA SHOWGROUNDS

EVENT SCHEDULE

- 11.30pm** Gates Open
- 12.00pm** Family Fun – Games and Bouncy Castles
- 12.15pm** Warm up to music
- 12.30pm** Start of Fun Walk & Run
- 12.45pm** Registration for Golden Mile closes
- 1.15pm** Ballymena Runners Golden Mile



Local, all ability running club, meets every Monday and Wednesday



FREE weekly 5k Walk and Run, 9:30 every Saturday, Ecos

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