



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK 4

WEEK COMMENCING:
13th November 2023

MONDAY

MAIN COURSES

Beef Bolognaise &
Garlic Bread

SIDES

Garden Peas
Spaghetti

DESSERT

Melon, Mandarin &
Pineapple Pots with
Yoghurt Dip

TUESDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

SIDES

Salad
Baked Beans
Chipped Potatoes
or
Mashed Potatoes

DESSERT

Jelly & Mandarin
Oranges

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

SIDES

Green Beans
Steamed Rice

DESSERT

Cornflake Tart &
Custard

THURSDAY

MAIN COURSES

Roast Beef with Stuffing
& Gravy

SIDES

Broccoli
Turnip
Mashed Potatoes

DESSERT

Ice Cream, Pears &
Chocolate Sauce

FRIDAY

MAIN COURSES

Pepperoni Pizza with
Garlic Dip

SIDES

Sweetcorn & Red Pepper
Coleslaw
Chipped Potatoes
Or
Baked Potato

DESSERT

Homemade Ginger
Biscuit and Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL