

5 November 2021

Dear Pupil

**Season’s Greetings from the Rotary Club of Ballymena**

Each year local schools collect groceries and members of Ballymena Rotary Club make up hampers that we distribute to elderly and less fortunate people in the Ballymena area. We need your help again this year. Please ask your parents or guardians if you can bring along some groceries, etc to school.

Please check that the ‘best by’ or ‘use by’ date is after Christmas and, remember, we would appreciate everything from teabags and sugar to some ‘luxury items’ - the more variety the better! We have included below a list of suggested items which would be greatly appreciated by those receiving the hampers. As many elderly live alone, smaller tins/packets of food are very useful.

Perhaps you could make a Christmas card to put in a hamper? Sign it with your first name and school – it may be the only card some people receive.

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| Pasta | Tea Bags | Baby wipes/nappies |
| Pot Noodles | Coffee | Tissues and Towels |
| Rice | Tinned Fruit | Toothbrushes  |
| Pasta Sauce | Sugar | Toothpaste |
| Tinned Vegetables  | Custard | Shower gel |
| Baked Beans | Jelly/Jam | Face cloths |
| Tinned Soup | Children’s selection boxes | Shampoo |
| Biscuits  | Few ‘luxuries’, eg, mince pies  | Combs/brushes |
| Fruit Juice/Drinks | Chocolates/Sweets | Soap |
| Porridge/Cereals | Tinned Meats/Ham | Deodorant |

On behalf of the Rotary Club of Ballymena, and those who receive the parcels, please accept our sincere thanks and best wishes for Christmas and the New Year.

Yours sincerely

**Lynda Bell**

Lynda Bell (Past President/Membership Chair)

*Rotary Club of Ballymena*