



LISTENING WALK:

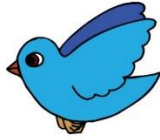


Watch this video first -

<https://www.youtube.com/watch?v=mbECAvAsOX0>

CAN YOU HEAR

BIRD TWEETING



DOG BARKING



BEE BUZZING



CARS DRIVING



LEAVES RUSTLING



PHONE RINGING



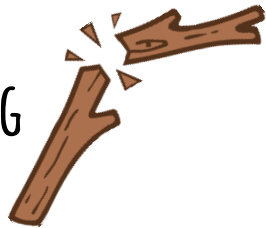
LAUGHTER



WIND



TWIGS SNAPPING



MINDFUL MINUTE: DRAW WHAT YOU HEARD, SMELLED, SAW AND TOUCHED...

Large empty rectangular box for drawing.

MOMENT OF GRATITUDE: WHAT HAVE YOU ENJOYED AND ARE THANKFUL FOR ON OUR WALK?

