



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK ONE

BRAIDSIDE IPS
Week commencing:
15TH April 2024

MONDAY

MAIN COURSES

Beef Bolognaise

SIDES

Sweetcorn
Green Beans

And

Pasta Spirals

DESSERT

Chocolate & Orange Cookie

TUESDAY

MAIN COURSES

Breaded Fish Goujons &
Lemon Mayo

SIDES

Garden Peas
Baked Beans

And

Chips
Baked Potato

DESSERT

Raspberry Jelly & Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

SIDES

Diced Carrots
Sweetcorn

And

Steamed Rice

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast Loin of Pork with
Stuffing & Gravy

Or

Salmon & Creamy Tomato
Pasta

SIDES

Broccoli Florets
Baton Carrots

And

Mashed Potato

DESSERT

Pineapple Delight

FRIDAY

MAIN COURSES

Hot Dog with Tomato
Ketchup

SIDES

Spaghetti Hoops
Garden Peas

And

Chips
Mashed Potatoes

DESSERT

Ice-Cream & Mandarin
Oranges

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH

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WEEK TWO

BRAIDSIDE IPS
Week commencing:
22nd April 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

SIDES

Baked Beans
Garden Peas

And

Chips
Baked Potato

DESSERT

Homemade Flakemeal Biscuit

TUESDAY

MAIN COURSES

Beef Ragu Italia & Garlic
Bread

SIDES

Sweetcorn
Diced Carrots

And

Pasta Twists

DESSERT

Mandarin Orange Sponge &
Custard

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

SIDES

Garden Peas
Baton Carrots

And

Steamed Rice

DESSERT

Arctic Roll and Peaches

THURSDAY

MAIN COURSES

Roast Gammon with
Stuffing & Gravy

SIDES

Cauliflower Florets
Broccoli Florets
Baton Carrots

And

Mashed Potatoes

DESSERT

Homemade Brownie &
Orange Wedges

FRIDAY

MAIN COURSES

Chicken Goujons & Sweet
Chilli Dip

SIDES

Spaghetti Hoops
Sweetcorn

And

Chips
Baby New Potatoes

DESSERT

Rainbow Cookie &
Pure Apple Juice

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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WEEK THREE

BRAIDSIDE IPS

Week commencing:

29th April 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

SIDES

Sweetcorn & Red Peppers
Tossed Salad

And

Chips
Baked Potato

DESSERT

Ice-Cream with Pears &
Chocolate Sauce

TUESDAY

MAIN COURSES

Savoury Mince

SIDES

Garden Peas
Baton Carrots

And

Mashed Potatoes

DESSERT

Summer Fruit Cheesecake

WEDNESDAY

MAIN COURSES

Spaghetti Bolognaise & Garlic
Bread

SIDES

Green Beans
Baton Carrots

And

Spaghetti

DESSERT

Sticky Date Pudding & Custard

THURSDAY

MAIN COURSES

Roast Chicken with
Stuffing & Gravy

SIDES

Diced Carrots
Diced Parsnips

And

Mashed Potatoes

DESSERT

Golden Krispie Square

FRIDAY

MAIN COURSES

School "Chippy Day"
Chicken Goujon &
Sausage

SIDES

Baked Beans
Garden Peas

And

Chips
Baby New Potatoes

DESSERT

Frozen Fruit Yoghurt

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FRESH FRUIT AVAILABLE DAILY

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WEEK FOUR

BRAIDSIDE IPS

Week commencing:
6th May 2024

MONDAY

MAIN COURSES

MAY DAY HOLIDAY

SIDES

And

DESSERT

TUESDAY

MAIN COURSES

Oven Baked Pork Sausages &
Gravy

SIDES

Baked Beans
Garden Peas

And
Chips
Baked Potato

DESSERT

Ice-Cream & Two Fruits

WEDNESDAY

MAIN COURSES

Breaded Fish Goujons &
Lemon Mayo

SIDES

Garden Peas
Diced Carrots

And
Potato Wedges

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast Gammon with
Stuffing & Gravy

SIDES

Diced Turnip
Baton carrots

And
Mashed Potatoes

DESSERT

Fresh Fruit Platter & Yoghurt

FRIDAY

MAIN COURSES

Beef Burger in Bap with
Onions & Tomato Ketchup

SIDES

Pasta Salad
Sweetcorn

And
Chips
Baked Potato

DESSERT

Lemon Shortbread &
Melon Wedge

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FRESH FRUIT AVAILABLE DAILY

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