



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK ONE

BRAIDSIDE IPS
Week commencing:
18th March 2024

MONDAY

MAIN COURSES

SIDES

School Closure

DESSERT

TUESDAY

MAIN COURSES

Breaded Fish Goujons &
Lemon Mayo

SIDES

Garden Peas
Baked Beans

And

Chips
Baked Potato

DESSERT

Raspberry Jelly & Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

SIDES

Diced Carrots
Sweetcorn

And

Steamed Rice

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast Loyn of Pork with
Stuffing & Gravy

Or

Baked Salmon with Lemon

SIDES

Broccoli Florets
Baton Carrots

And

Mashed Potato

DESSERT

Pineapple Delight

FRIDAY

MAIN COURSES

Hot Dog with Tomato
Ketchup

SIDES

Spaghetti Hoops
Garden Peas

And

Chips
Baked Potato

DESSERT

Ice-Cream & Mandarin
Oranges

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK TWO

BRAIDSIDE IPS
Week commencing:
25th March 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

SIDES

Baked Beans
Garden Peas

And

Chips
Baked Potato

DESSERT

Homemade Flakemeal Biscuit

TUESDAY



Easter Special

3 Cocktail Sausages
2 Chicken Nuggets
1 Sausage Roll
1 Ham Sandwich

Pasta Salad

Easter Shortbread
Ice Cream Tub
Fresh Fruit

Orange Squash

WEDNESDAY

MAIN COURSES

½ Day – No Meals

SIDES

And

DESSERT

THURSDAY

MAIN COURSES

SIDES

And

DESSERT

FRIDAY

MAIN COURSES

SIDES

And

DESSERT

MILK, WATER, BREAD &

FRESH FRUIT AVAILABLE DAILY

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EAT SMART WITH THE LUNCH BUNCH

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WEEK THREE

BRAIDSIDE IPS
Week commencing:
1st April 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSES

SIDES

And

DESSERT

MAIN COURSES

SIDES

And

DESSERT

MAIN COURSES

SIDES

And

DESSERT

MAIN COURSES

SIDES

And

DESSERT

MAIN COURSES

SIDES

And

DESSERT

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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EAT SMART WITH

THE LUNCH BUNCH

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WEEK FOUR

BRAIDSIDE IPS
Week commencing:
8th April 2024

MONDAY

MAIN COURSES

Oven Baked Pork Sausages & Gravy

SIDES

Baked Beans
Garden Peas

And

Chips
Baked Potato

DESSERT

Ice-Cream & Two Fruits

TUESDAY

MAIN COURSES

Homemade Pulled Pork Pizza

SIDES

Sweetcorn
Coleslaw

And

Roasted Garlic & Paprika
Wedges

DESSERT

Jaffa Cake Slice

WEDNESDAY

MAIN COURSES

Breaded Fish Goujons & Lemon Mayo

SIDES

Garden Peas
Diced Carrots

And

Mashed Potatoes

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast Gammon with Stuffing & Gravy

SIDES

Diced Turnip
Baton carrots

And

Mashed Potatoes

DESSERT

Fresh Fruit Platter & Yoghurt

FRIDAY

MAIN COURSES

Beef Burger in Bap with Onions & Tomato Ketchup

SIDES

Pasta Salad
Sweetcorn

And

Chips
Baked Potato

DESSERT

Lemon Shortbread & Melon Wedge

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

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